Dear Student,

Congratulations, and welcome to Illinois Institute of Technology!

The Student Health & Wellness Center (SHWC) is a health and wellness facility at the Illinois Institute of Technology. We are located at 35th and State Street on the 3rd floor of the IITRI Tower.

The SHWC provides on campus health services and counseling center. Services are available for all students regardless of having the IIT student health insurance coverage. The clinic is staffed by Master’s prepared nurse practitioners’ and a Physician Assistant who function as advanced practice clinicians in collaboration with a physician. Diagnosis and management of common illnesses and injuries as well as prescriptive authority is within the scope of advance practice nurses. Preventative medicine such as women’s health care, immunizations, nutrition and diet information, and laboratory testing are available.

The nurse practitioners are available Monday through Saturday during the Fall and Spring semesters by appointment and on a walk-in basis in emergency situations. The physician is on site approximately four hours per week. Some services may require a fee. Appointments may be scheduled online http://web.iit.edu/shwc or by calling (312) 567-7550.

The Student Health & Wellness Center also offers student counseling services. The counseling team is comprised of doctoral level clinical psychologists and one part-time Psychiatrist. They provide psychological services to IIT students which include evaluation, individual psychotherapy, referral, and medication management by a psychiatrist. The SHWC assists students with many issues including loneliness, relationship concerns, family issues, depression, anxiety, concentration problems, sleeping difficulties, eating problems, addiction, career concerns, grieving, sexual concerns, anger management, cultural adjustment, and other personal issues.

Sessions typically begin by assessing the student’s need and then offering recommendations which may include regularly scheduled individual meetings with a counselor, group therapy, or therapy with our psychiatrist and/or a referral to a nearby mental health professional. A treatment plan is made in collaboration with each student to best meet his or her needs.

All Clinical services are CONFIDENTIAL. Information communicated to SHWC’s staff will not be disclosed to anyone outside SHWC without written consent from the student. There are rare exceptions to this policy, such as when there is a concern for the individual’s risk of hurting him/herself or someone else.

There is no charge for services, although there may be charge for prescription medications, labs, diagnostic testing and/or referrals to providers in the community. In addition to individual appointments, the SHWC also offers outreach programs to IIT students. Outreach includes workshops on topics such as stress management, time management, health fairs, self-care techniques and overcoming test anxiety, as well as other topics.

For students who have preexisting conditions, both psychological and physical, and/or have been receiving treatment prior to attending college, continuation of treatment is usually recommended. Our staff is happy to speak with parents about this or other issues and how we can facilitate this transition while also abiding by state and federal HIPPA guidelines. To learn more call the SHWC at (312) 567-7550 or visit us on the web.
Student Health Insurance

IIT partners with Aetna Student Health to provide health insurance to the students of IIT. Beginning the Fall of 2015 all students registered for 1 credit hour or more, students residing in the residence halls, and students on a CO-OP will be automatically enrolled in the student health insurance plan.

All students registered for one credit hour will be automatically enrolled in the Aetna Student Health Insurance Plan and billed $1436.00 for the annual coverage. If the student wishes to utilize private benefits and would like to opt out of the Aetna Student Health Plan, they can complete the electronic waiver form found at www.aetnastudenthealth.com/iit. The electronic waiver form MUST be completed before the deadlines shown below.

Annual coverage period - 08/14/2015 – 08/13/2016
Waiver Deadline - September 1st
Spring coverage period – 01/06/16 – 08/13/2016
Waiver Deadline - January 26th
Summer coverage period – 05/26/2016 – 08/13/2015
Enrollment Deadline June 1st (may change due to Aetna guidelines)

Students will have to log on to the Aetna Student Health’s website (aetnastudenthealth.com) and use the Aetna Navigator to print their insurance card and access insurance benefit information.

Students enrolled in the Student Health Insurance Plan may also purchase coverage for eligible dependents during open enrollment. All eligible dependents enrolling for coverage must submit an enrollment form to the “Aetna Benefit Planning Insurance Agent, Inc.” This can be done via US Post or online through www.aetnastudenthealth.com/iit. Payment for this coverage is handled directly by Aetna.

A detailed explanation of the benefits available to all eligible students and dependents can be found online at www.aetnastudenthealth.com/iit under “Plan Documents.”

Please Help Your Student Avoid a Registration Hold!

It’s that time of year and immunization compliance deadlines are approaching. We know that proving immunity from communicable diseases is not the first thing on most people’s minds. However, we at the Student Health and Wellness Center, feel passionately about promoting the health of our students. This is why we require all students to provide verification that they meet University and Illinois State Immunization requirements.

So here is what you and your student need to know:

- The State of Illinois dictates that all new domestic students are required to present proof of immunity from measles, mumps, and rubella (MMR), as well as tetanus/diphtheria (TD).

- In addition, international students must have Quantiferon Gold or TSPOT blood test to rule out TB disease. If the the blood test is positive, the student will need to obtain a chest xray.
  - Please note: We DO NOT accept tuberculosis (TB) skin tests any longer.

- All students must have a licensed medical provider complete and stamp the Immunization Verification form found here: http://www.iit.edu/shwc/health_services/
  Forms should be returned to SHWC through fax, email, or by dropping them off in person.

- Students who are not properly immunized or who do not have proof of immunization are required to obtain any missing vaccines. They may receive either of the aforementioned immunizations and/or the TB skin screening at SHWC by making an appointment OR coming in during our walk-in immunization time(s).
• Please note that no appointment required during the walk-in immunization times. These times can be found online at www.iit.edu/shwc/health_services. This service is available to all students; those with the Aetna Student Health Insurance will not incur a cost for the vaccines administered.

• Failure to comply with the immunization requirement(s) will result in an immunization hold preventing registration for the subsequent semester.

• The hold will be lifted when the student becomes compliant or “in-progress” towards compliance with the immunization requirement(s).

For additional information about immunizations, please contact SHWC at student.health@iit.edu. For a copy of the State of Illinois law, please visit: http://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1056&ChapAct=110%20ILCS%2020/&ChapterID=18&ChapterName=HIGHER+EDUCATION&ActName=College+Student+Immunization+Act