Dear Student,

Congratulations, and welcome to the Illinois Institute of Technology!

The Student Health & Wellness Center (SHWC) is a health and wellness facility at Illinois Tech. We are located at the corner of 35th and State Street on the 3rd floor of the Michael Paul Galvin Tower within the Mies Campus.

The SHWC provides on campus health, counseling and outreach services. Services are available for all students regardless of having the Illinois Tech student health insurance coverage. In addition to the counseling services provided on campus, the SHWC has partnered with Skylight Counseling IIT@Skylightcounselingcenter.com or by calling 847-529-8300.

SHWC clinicians are available Monday through Friday from 8:30 AM through 5:00 PM by appointment and for walk-in emergency situations. Appointments may be scheduled by calling (312) 567-7550.

There is no charge for counseling services, although there may be charge for medical appointments, prescription medications, labs, diagnostic testing and/or referrals to providers in the community. In addition to individual appointments, the SHWC also offers outreach programs to Illinois Tech students. Outreach includes workshops on topics such as stress management, time management, health fairs, self-care techniques and overcoming test anxiety, as well as other topics.

For students who have preexisting conditions, both psychological and physical, and/or have been receiving treatment prior to attending college, continuation of treatment is usually recommended. Our staff is happy to speak with students about this or other issues and how we can facilitate this transition while also abiding by state and federal HIPAA and FERPA guidelines. To learn more call the SHWC at (312) 567-7550 or visit us on the web.

All Clinical services are **CONFIDENTIAL**. Information communicated to both Skylight Counseling and SHWC's staff will not be disclosed to anyone outside the SHWC without written consent from the student. There are rare exceptions to this policy, such as when there is a concern for the individual's risk of hurting him/herself or someone else.

Student Health Insurance

Illinois Tech partners with Aetna Student Health to provide health insurance to the students of Illinois Tech. All students registered for 1 academic credit hour or more are automatically enrolled and charged for the student health insurance plan during our fall and spring term only.

If you are enrolling during our summer term, please call or email the Student Health and Wellness Center at 312-567-7550 or student.health@iit.edu. Deadlines for this option can be found below

All students registered for one academic credit hour will be automatically enrolled in the Aetna Student Health Insurance Plan and billed *$2,286.00* for the annual coverage. If the student wishes to utilize private benefits and would like to opt out of the Aetna Student Health Plan, they

can complete the electronic waiver form found at https://www.iit.edu/shwc/insurance/enrollment-and-waiver-process. The form MUST be completed before the deadlines shown below and at the **start of each academic year** as long as you are a registered student. International Students are not able to waive the Student health Insurance Plan.

Annual coverage period – August 10th thru August 9th
Waiver Deadline - September 1st
Spring coverage period – January 6th thru August 9th
Waiver Deadline - January 26th
Summer coverage period – May 20th thru August 9th
(no waiver for summer semester)

Students will have to log on to Student Health and Wellness website (https://www.iit.edu/shwc/insurance) and use the Print your insurance card to print the insurance card and access insurance benefit information.

A detailed explanation of the benefits available to all eligible students and dependents can be found online at www.aetnastudenthealth.com/iit under "Plan Documents."

Immunizations

We know that proving immunity from communicable diseases is not the first thing on most people's minds. However, we at the Student Health and Wellness Center, feel passionately about promoting the health of our students. All incoming students are required to submit documentation that they are compliant with University and State of Illinois Immunization requirements.

So here is what you need to know:

- The State of Illinois dictates that all students are required to present proof of immunity from measles, mumps, and rubella (MMR), as well as present proof of their primary Tetanus/Diphtheria/Pertussis (TD/TDaP) series (3 injections) and a Meningococcal Meningitis vaccine (if you are between the ages of 16-22).

- In addition, international students must and have a Quantiferon Gold or TSPOT blood test to rule out Tuberculosis disease. If the blood test is positive, the student will need to obtain a chest x-ray.
  - **Please note: We DO NOT accept tuberculosis (TB) skin tests.**

- All students must follow the steps outlined at http://www.iit.edu/shwc/health_services/
- Students who are not properly immunized or who do not have proof of immunization are required to obtain any missing vaccines. They may receive either of the aforementioned immunizations and/or the TB screening at the SHWC by coming in during our walk-in immunization time(s).
- Please note that no appointment is required during the walk-in immunization times. These times can be found online at www.iit.edu/shwc/health_services. This service is available to all students; those with the Aetna Student Health Insurance plan will not incur a cost for the vaccines administered/test.

- Failure to comply with the immunization requirement(s) will result in an immunization hold preventing registration for the subsequent semester.

- The hold will be lifted when the student becomes compliant or "in-progress" towards compliance with the immunization requirement(s).

For additional information about immunizations, please contact SHWC at student.health@iit.edu. For a copy of the State of Illinois law, please visit: http://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1056&ChapAct=110%20ILCS%2020/&ChapterID=18&ChapterName=HIGHER+EDUCATION&ActName=College+Student+Immunization+Act